

Vedanta launches Umang happiness prog



STATESMAN NEWS SERVICE

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On World Happiness Day, Vedanta Aluminium, launched Umang, an Employee Wellness & Lifestyle Program to improve the wellbeing and happiness quotient of employees and their families.

The company announced its partnership with MantraCare, one of India's top health technology companies working in the realm of holistic health management.

As part of the Umang program, the company will offer online psychological counselling, physiotherapy, yoga, meditation, weight management, de-addiction and various other services to employ-

ees through an interactive app.

Rahul Sharma, CEO, Vedanta Limited – Aluminium Business, said, "We believe that happy employees create happier workplaces, more cohesive teams and a high-performance working culture. Through Umang, we are now expanding the ambit to enable our employees and their families further in leading happier and more fulfilling personal & professional lives."

Mr. Himanshu Jain, CEO of MantraCare, said its expertise in providing personalized wellness solutions and their focus on mental health will complement Vedanta's existing initiatives and help employees lead a more wholesome lifestyle.